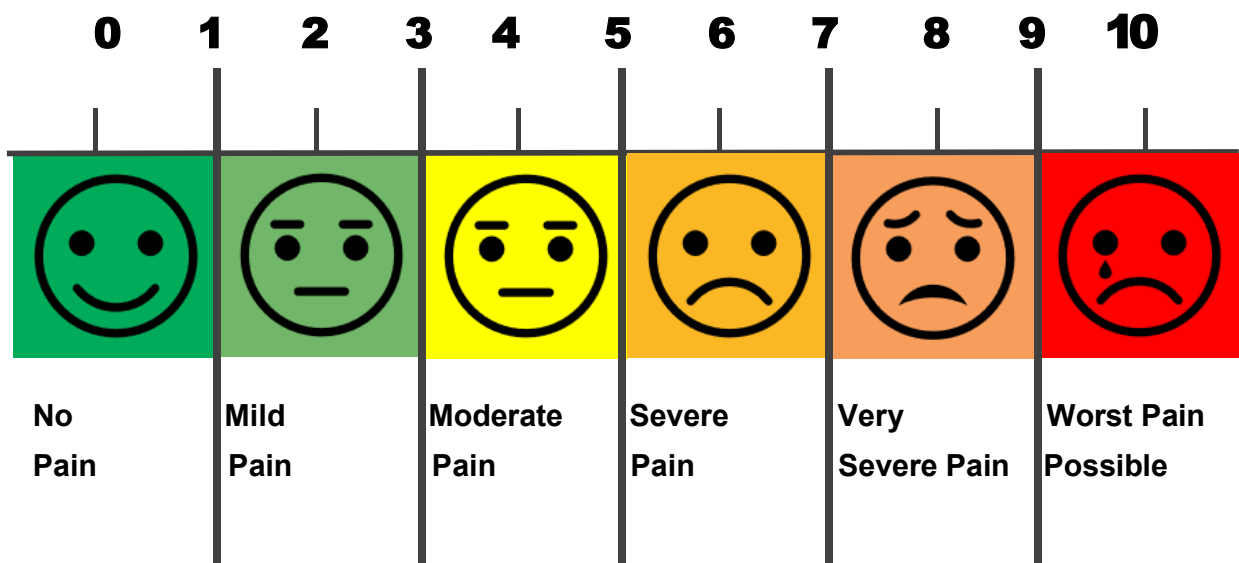




# Are you in pain?

## Pain scale



**3-5**

Moderate pain is hard to ignore



**5-9**

Severe pain is very painful

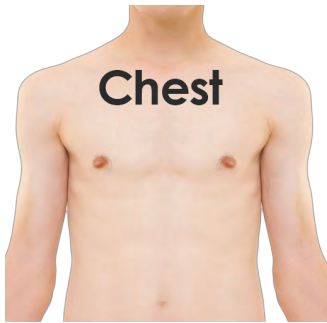


**9-10**

Worst possible pain is unbearable



# Where is your pain?



Chest

The front of your body



The back of your body



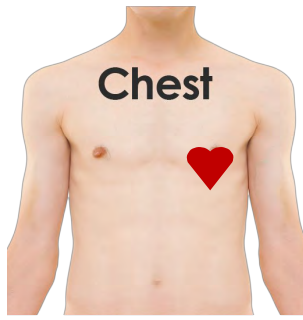
Head

The front of your head



Head

The back of your head



Chest pain



Breasts



Testicles

Testicles



Bottom



Legs or feet



# How are you feeling?



Tired or drowsy



Changes in sleep pattern



Confused



In pain



Hot



Cold



Shivering or shaking



Trouble breathing



Feeling sick or vomiting



## Any other symptoms?



Coughing



Bleeding



Problems going to the toilet



Changes in your wee or poo



**Point to your pain**

