



Listening to your breathing and heart



A stethoscope is used to check your breathing and heart



The doctor or nurse may ask you to loosen your top



They will place the stethoscope onto your chest



The doctor or nurse will ask you to take deep breaths



They may also place the stethoscope onto your back



The doctor or nurse will listen to your breathing or heartbeat



This may take 1 or 2 minutes



The doctor or nurse will explain their findings



You may put any clothing back on